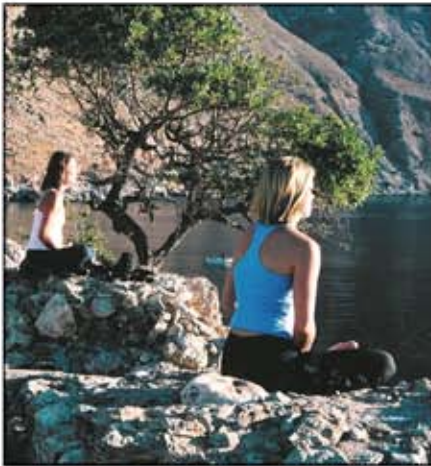




Crete, Greece

Yoga, Kayaking & Hiking

The Northwest Passage - 800.732.7328 - www.nwpassage.com



Close your eyes... relax... Imagine hiking up an ancient hillside to view a spectacular sun setting over the Mediterranean... Imagine walking down a quaint street lined with elderly men playing dominos, and women sweeping the dust off their doorsteps. Everyone smiles at you as you pass... all are friendly. Imagine casually paddling the turquoise crystal waters during the day, and falling asleep at night to the sound of lapping waves outside your balcony door... Ahhhhhhh...!

Join The Northwest Passage for an unforgettable week in Crete, Greece, where the Gods still come out to play. Our schedule is planned around the daily practice of yoga and meditation overlooking the beautiful beaches of Crete's southern coastline, with plenty of time to enjoy paddling the warm waters of the Lybian Sea, and visiting the charming villages and bustling towns of the region!

Welcome to Crete, the Aegean wonderland and mythical birthplace of Western civilization. The largest and most southerly of the Grecian Islands, Crete is blessed with the crystal-clear Mediterranean Sea, magnificent mountains rearing up from the coast, deep wooded gorges, and plains thick with vegetation. The sea kayaking leaves you breathless and a support van will shuttle all of our gear, making paddling comfortable for everyone. The Aegean heritage of the island of Crete will live in your memory for ever.



Your tour begins in Heraklion where we will visit Knossos, the spectacular and restored ruins. We shuttle from there to the southern coast, where we will spend two nights in Matala covering the basics of sea kayaking and exploring the beautiful beaches. Leaving Matala, we shuttle to the western edge of our tour to hike down the legendary Samarian Gorge. Each day of paddling provides opportunities for cappuccino stops at seaside tavernas, cliff jumping and relaxing dips in and out of the warm waters. On day four we will explore the area around Roumeli before heading to the seaside village of Loutro on day five. Along the way we will visit the ancient chapels and sea caves that dot the shore. We'll spend our final days in Loutro, having many options for various kayaking and/or hiking day trips. After breakfast on day eight we will shuttle back to Heraklion where we will bid our farewells and board our out bound flights - where you go is up to you!

"This trip was life transforming, perhaps one of the most magical experiences of my life!"
- Jenifer B.

"If you want to be enriched mentally, physically and spiritually, this is the trip to take!"
- Joe M.

Trip Details

- 8 days, 7 nights
- Family-owned Inns
- Van Supported
- From Heraklion, Crete
- 2010 Price: \$3095.00
- 2010 Dates: May 15-22, October 5-12
- 2011 Dates: May 14-21, October 4-11
- Included: Guides & instruction, ground transportation, support vehicle, lodging, most meals, kayaking equipment, entry into Samarian Gorge, Festos and Knossos
- Not Included: Air/ferry to Heraklion, lunches, drinks, one dinner, personal clothing/accessories, full medical, baggage & trip cancellation insurance, airport taxes, gratuities, sticky mats, yoga blocks, yoga straps.

Skill Level 1
No Experience Necessary!!!



The Northwest Passage

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